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## **TOK ESSAY**

**Title:** Within areas of knowledge, how can we differentiate between change and progress?

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Quite frequently, the words progress and change are utilized interchangeably, yet there's a scantily discernible difference people are absent. Change is described as to become different. To go through a transformation, transition, or replacement. Progress generally signifies moving forward positively. In the examination, change doesn't consistently suggest modifying for good. Change is difficult, and Progress is simple. Change is revolutionary, and Progress is the baby steps. 'Progress is impossible without change,' said Walt Disney. From this account, we can consider that many may inadvertently utilize both the terms for a similar setting where it could be legitimate; nevertheless, it may not be indifferent circumstances. Taking a gander at the two of them, I have understood that change is conceivable without Progress, yet Progress is absurd with no change. Change is broader and has a more extensive significance than Progress. Change can be characterized as an adjustment or substitution of something; notwithstanding, it tends to be said to push ahead to the truth to determine Progress. In this case, the truth can be defined as the fact that it is most logical and socially accepted. To separate these two words, we should take a fowl at the relationship between's Change and Progress. To comprehend the contrasts between change and Progress, the exposition talks about if change fundamentally implies Progress, given that Progress has a more sure implication, while change doesn't. The two areas of knowledge(AOK) that will be used in this essay are Natural Science and History.

In Natural Science, considering the number of theories and progressions that have been made, one may think the lone way natural science is moving is forward. Humankind has gained Ground; enhancements in the public eye are key and practically inescapable. Following the meaning of Progress given beforehand, Progress is possibly made when it moves towards truth. Natural Science has, as a rule, moved away from the truth. In natural science, on many incidents, hypotheses have been denied, which serves as proof of the claim. The field of natural sciences is filled with ideas that changed the way areas of knowledge perceived truth.

An illustration of that would be the heliocentric framework was acknowledged as the primary setting of the universe. The hypothesis guessed that the Earth was the focal point of the universe, with the sun and the moon and different stars circling it. The hypothesis was first guessed by Greek mathematician Eudoxus and acknowledged by all significant Greek logicians. For millennia, this was acknowledged by conspicuous researchers, including Aristotle. The heliocentric design was acknowledged by the group and shaped the primary reason for explaining the universe. This changed through the 1400s when Nicolaus Copernicus predicted that the sun and not the Earth were at the nearby planetary group's focal point. Copernicus distributed his speculations on his passing because of the danger it presented on his life at that point. During this period, the congregation maintained that the world was the focal point of the universe. Any individual who set out to challenge the world since a held conviction would be alienated and suspended quite a while ago. He guaranteed that planets circled the sun. In 1632, space expert Galileo affirmed Copernicus' hypothesis by sharing his telescope perceptions. This changed material science and stargazing. He hit the bucket in prison because the group captured him. Since quite a while ago held conviction about the Earth being at the focal point of the close planetary system was crushed, and later Galileo and Copernicus would be vindicated. This was an extreme move in the manner researchers comprehended the hidden truth of the universe.

Then again, there is a counterclaim that change is vague from Progress since Progress in knowledge is contained specific changes in convictions, innovation, and the advancement of better approaches for comprehension. This is especially valid for science, where

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developments and disclosures step by step move logical ideas by elaborating on the current knowledge. A genuine example is the logical revelation of the Higgs molecule. In 1964 Peter Higgs and Francois Englert composed a paper where he hypothesized an energy field that communicates mass (Overbye 2012). Articles travel this field, and the molecule would later be named as Higgs molecule. A physicist utilized the hypothesis to estimate the after occasions of the enormous band. As it later became known, the God molecule is vital to the standard model. It shows the Higgs field's presence, which is an imperceptible energy field common all through the universe. The field pervades other issue particles with mass. Even though the molecule's presence couldn't be demonstrated when it was speculated, it prompted more material science hypotheses to be hypothesized depending on the standard model of particles. The innovation in 1964 couldn't approve the hypothesis, and still, it educated a great deal regarding particles in Physics. A long time passed, and innovation improved, and molecule quickening agents were adequately improved, and in 2012, the article was found at the Large hadron Collider at CERN. The molecule was named as Higgs Boson molecule. The molecule's hypothesis didn't drastically change Physics. However, the revelation permitted Physicians to expand on it and build up the Standard Model for particles. This shows that revelation permits Progress in natural sciences instead of changed it. Indeed, even the nearby planetary group's revelation can contend that it progressed to science more than it changed it (Treacy 2020). Later findings, for example, finding the gravitational powers, just augmented the close planetary system revelation also progressed science enough to determine the universe's causes.

History is a further obscure subject. Together, the natural sciences endeavor to comprehend the outer world, History endeavors to comprehend ourselves inside that world. History as an area of knowledge is the studies done before. Given the meaning of History, one may think it just explains us about past incidents that have happened. Nonetheless, History is the best possible area of knowledge to give us proof of changes. Seeing History, would we be able to state if change essentially implies Progress. In one of the sets of experiences classes back in tenth grade, there was a discussion with respect to British Colonization in the Indian Subcontinent. This was a change from the Mughal rule to British principle. By definition, it may be known as a change; however, would this be able to be expressed as Progress. Taking a gander at the LGBTQ+ people group in the subcontinent, has there been any progress from that change. Since the British began administering the subcontinent, which was tolerating sexual orientation smoothness and homosexuality, their unfamiliar perspectives thought it was untouchable and afterward executed boycotts and limitations. In the wake of being debased for a very long time, India's LGBTQ+ people group was seen condescendingly. This change doesn't mean there was Progress. Simultaneously, there was a negative impact. This was removing us from the truth. The truth is the most relevant answer; the British Rule's action did not take us towards the truth. Rather, it was taking us away from the truth.

Nonetheless, it can't be refused how historical circumstances have made a change just as Progress. Accepting World War I, for instance, a tremendous populace of ladies entered the military because of the war. The quantity of ladies utilized in the war power was up by 30%. This further made ladies lead numerous assignments where men were additionally enlisted. This brought prompt change and brought about ladies getting the option to cast a ballot in 1920. Additionally, after this, when WW II occurred, more ladies united. This was a huge and heartbreaking occasion from History; however, we can gain from this that ladies at long last got an occasion to demonstrate their value and begin being dealt with similarly. This fills in as a counterclaim to the fact that has been made before. This change carries us closer to the

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truth; women and men are similar species, and the method of survival, expressing themselves, and whatever is surrounding them is the same. It is coherent to state that they are equivalent. The change that happened says that Progress has occurred as it carried us closer to the truth.

One Real Life Example is, A friend of mine is the epitome of Progress; he got into college. He joined the basketball team, met great friends, became more outgoing, became physically better, gained confidence, and discovered what he wanted to study and became dedicated to it. He grew into his new changes and progressed as a person for the betterment of himself. Learning through experience is one of the best ways to find yourself making progress.

Differentiating between change and Progress is precarious, particularly within areas of knowledge. Knowledge is developed, organized, and named over the long run, particularly in human encounters. Change can represent a bad change. On the other hand, Progress is how knowledge evolves to reflect the advancement of technology and Progress. Progress is the primary way in which knowledge advances. In this unique circumstance, it is fundamental to characterize what Progress is correct and what Progress is wrong. Last, the difference between change and progress according to the following is that knowledge implies that previous knowledge is now falsified or rejected in favor of new knowledge. In contrast, Progress implies that the prior knowledge is still intact, just improved.

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